



Activity No.	Type of Activity	Family of Activity	Category of Activity	Unit	Credit per Unit
1	maternity/paternity/parental Leave	General credits	Inactive / Leave of absence	unit	7.0
2	maternity/paternity/parental Leave	Ethics & Scope of practice in Kinesiology	Inactive / Leave of absence	unit	13.0
3	Long term illness or invalidity leave	Ethics & Scope of practice in Kinesiology	Inactive / Leave of absence	unit	13.0
4	Long term illness or invalidity leave	General credits	Inactive / Leave of absence	unit	7.0
5	Act as President	Ethics & Scope of practice in Kinesiology	Association Participation - National/Prov/Reg/Local - Term served	unit	10.0
6	Act as a Board of Directors Member	Ethics & Scope of practice in Kinesiology	Association Participation - National/Prov/Reg/Local - Term served	unit	6.0
7	Act as Committee Member	Ethics & Scope of practice in Kinesiology	Association Participation - National/Prov/Reg/Local - Term served	unit	4.0
8	Act as Volunteer	Ethics & Scope of practice in Kinesiology	Association Participation - National/Prov/Reg/Local - Day volunteered	day	1.0
9	Attend AGM	Ethics & Scope of practice in Kinesiology	Association Participation - National/Prov/Reg/Local - Day volunteered	day	7.0
10	Attend Annual Convention/Congress	Ethics & Scope of practice in Kinesiology	Association Participation - National/Prov/Reg/Local - Day volunteered	day	7.0
11	Act as President	General credits	Association Participation - National/Prov/Reg/Local - Term served	unit	10.0
12	Act as Board of Directors Member	General credits	Association Participation - National/Prov/Reg/Local - Term served	unit	6.0
13	Act as Committee Member	General credits	Association Participation - National/Prov/Reg/Local - Term served	unit	4.0
14	Act as Volunteer	General credits	Association Participation - National/Prov/Reg/Local - Day volunteered	day	1.0
15	Attend AGM	General credits	Association Participation - National/Prov/Reg/Local - Day volunteered	day	7.0
16	Attend Annual Convention/Congress	General credits	Association Participation - National/Prov/Reg/Local - Day volunteered	day	7.0
17	Attend Recognized courses / workshops/ seminars (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Course / Workshops / Seminars/ Conferences	hour	2.0

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18	Attend Recognized courses / workshops/ seminars (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	General credits	Course / Workshops / Seminars/ Conferences	hour	2.0
19	Attend Recognized personal development related courses (not related to science of Kinesiology e.g. Communication skills, Presentation skills, leadership and mentoring)	General credits	Course / Workshops / Seminars/ Conferences	hour	2.0
20	Attend Professional Development events (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Course / Workshops / Seminars/ Conferences	hour	3.0
21	Attend Professional Development events (not related to science of Kinesiology e.g. first aid, CPR, computer, managemnet, work related)	General credits	Course / Workshops / Seminars/ Conferences	hour	3.0
22	Attend Sponsored / Recognized Conferences (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Course / Workshops / Seminars/ Conferences	hour	3.0
23	Attend Sponsored / Recognized Conferences (not related to science of Kinesiology e.g. first aid, CPR, computer, managemnet, work related)	General credits	Course / Workshops / Seminars/ Conferences	hour	3.0
24	Attend University / College course related to Kinesiology	Ethics & Scope of practice in Kinesiology	Course / Workshops / Seminars/ Conferences	hour	2.0
25	Attend CPR / First Aid Certification Course	General credits	Course / Workshops / Seminars/ Conferences	hour	2.0
26	Presenting or teaching Recognized courses / workshops/ seminars (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Course / Workshops / Seminars/ Conferences	hour	3.0
27	Presenting or teaching Recognized vocationally related courses (not related to science of Kinesiology e.g. first aid, CPR, computer, managemnet, work related)	General credits	Course / Workshops / Seminars/ Conferences	hour	3.0
28	Presenting or teaching Professional Development events (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Course / Workshops / Seminars/ Conferences	hour	3.0
29	Presenting or teaching Professional Development events (not related to science of Kinesiology e.g. first aid, CPR, computer, managemnet, work related)	General credits	Course / Workshops / Seminars/ Conferences	hour	3.0
30	Presenting or teaching Sponsored / Recognized Conferences (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Course / Workshops / Seminars/ Conferences	hour	3.0
31	Presenting or teaching Sponsored / Recognized Conferences (not related to science of Kinesiology e.g. first aid, CPR, computer, managemnet, work related)	General credits	Course / Workshops / Seminars/ Conferences	hour	3.0
32	Presenting or teaching University / College course related to Kinesiology	Ethics & Scope of practice in Kinesiology	Course / Workshops / Seminars/ Conferences	hour	3.0
33	Write or prepare presentation Recognized courses / workshops/ seminars (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
34	Write or prepare presentation Recognized vocationally related courses (not related to science of Kinesiology e.g. first aid, CPR, computer, managemnet, work related)	General credits	Author / Published / Production	unit	3.0

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35	Write or prepare exam Recognized courses / workshops/ seminars (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
36	Write or prepare exam Recognized vocationally related courses (not related to science of Kinesiology e.g. first aid, CPR, computer, managemnet, work related)	General credits	Author / Published / Production	unit	3.0
37	Write or prepare presenation Professional Development events (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
38	Write or prepare presenation Professional Development events (not related to science of Kinesiology e.g. first aid, CPR, computer, managemnet, work related)	General credits	Author / Published / Production	unit	3.0
39	Write or prepare presenation Sponsored / Recognized Conferences (relating to psychomotor behaviour, physiology, anatomy, biomechanics, ergonomics, social psychology of mov't, rehabilitation)	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
40	Write or prepare presenation Sponsored / Recognized Conferences (not related to science of Kinesiology e.g. first aid, CPR, computer, managemnet, work related)	General credits	Author / Published / Production	unit	3.0
41	Write or prepare presenation University / College course related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
42	media presentations promoting association or kinesiology	General credits	Representation / Promotion / Defence	unit	1.0
43	organising promotion event for association or kinesiology	General credits	Representation / Promotion / Defence	unit	2.0
44	presenting research to professional group	Ethics & Scope of practice in Kinesiology	Representation / Promotion / Defence	unit	1.0
45	Presenting Thesis Defence related to Kinesiology	Ethics & Scope of practice in Kinesiology	Representation / Promotion / Defence	unit	20.0
46	Presenting Thesis Defence related to not related to Kinesiology	General credits	Representation / Promotion / Defence	unit	10.0
47	Presenting Phd Defence related to Kinesiology	Ethics & Scope of practice in Kinesiology	Representation / Promotion / Defence	unit	12.0
48	Presenting Phd Defence related to not related to Kinesiology	General credits	Representation / Promotion / Defence	unit	6.0
49	Promote video related to Kinesiology	Ethics & Scope of practice in Kinesiology	Representation / Promotion / Defence	unit	3.0
50	Promote video related to not related to Kinesiology	General credits	Representation / Promotion / Defence	unit	3.0
51	Write or prepare presenation media presentations promoting association or kinesiology	General credits	Author / Published / Production	unit	3.0
52	Write or prepare presenation organising promotion event for association or kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
53	Write or prepare presenation research to professional group	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
54	Write or prepare presentation Thesis paper related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0

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55	Write or prepare presentation Thesis paper related to not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
56	Write or prepare presentation Phd Paper related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
57	Write or prepare presentation Phd Paper related to not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
58	Write article related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
59	Write article related to not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
60	Write video related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
61	Write video related to not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
62	Produce video related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	12.0
63	Produce video related to not related to Kinesiology	General credits	Author / Published / Production	unit	12.0
64	Publish research paper	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
65	Publish Thesis paper related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
66	Publish Thesis paper related to not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
67	Publish Phd Paper related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
68	Publish Phd Paper related to not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
69	Publish article related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
70	Publish article related to not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
71	Write a book related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
72	Write a book related to not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
73	Publish a book related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
74	Publish a book not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
75	Write a case study related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0
76	Write a case study related to not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
77	Publish a case study related to Kinesiology	Ethics & Scope of practice in Kinesiology	Author / Published / Production	unit	3.0

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Activity No.	Type of Activity	Family of Activity	Category of Activity	Unit	Credit per Unit
78	Publish a case study not related to Kinesiology	General credits	Author / Published / Production	unit	3.0
79	Day of supervising / training of (Kinesiology) students	Ethics & Scope of practice in Kinesiology	Services to the Profession	unit	1.0
80	Day of supervising / training of (non-Kinesiology) students	General credits	Services to the Profession	unit	1.0
81	Hour of volunteering in profession related work in community	Ethics & Scope of practice in Kinesiology	Services to the Profession	unit	1.0
82	Hour of volunteering in non-kinesiology profession related work in community	General credits	Services to the Profession	unit	1.0
83	One year membership in related kinesiology association	Ethics & Scope of practice in Kinesiology	Services to the Profession	unit	1.0
84	One year membership in non-related profesional association	General credits	Services to the Profession	unit	1.0
85	Passing one certification exam related to Kinesiology	Ethics & Scope of practice in Kinesiology	Services to the Profession	unit	1.0
86	Organise one fundraising event	General credits	Services to the Profession	unit	3.0
87	Hour managing business issues, concerns and strategies pertinaing to operations and ongoing development of kinesiology business (ex: infrastructure, HR, Office processes, sales & marketing, Business Development)	General credits	Services to the Profession	unit	1.0
88	Hour to gaining kinesiology product knowledge (ex: equipment, product demonstrations)	General credits	Services to the Profession	unit	1.0