



## EIMC ; CEP Designation vs. CKA

CSEP	CKA
<p>Pre-Requisite is 4 year Kinesiology degree including:</p> <ul style="list-style-type: none"> <li>• Core competency:               <ul style="list-style-type: none"> <li>○ Foundations: Anatomy, biomechanics, and exercise physiology</li> <li>○ Health and exercise psychology</li> <li>○ Client screening and evaluation</li> <li>○ Advance fitness assessment and exercise</li> <li>○ Prescription</li> <li>○ Clinical assessment and pharmacology</li> <li>○ Special population: Children, older adults, pregnancy, disabilities, chronic conditions and injury</li> <li>○ High performance athlete</li> <li>○ Workplace and fitness</li> <li>○ Lifestyle literacy</li> <li>○ Professional Practice</li> </ul> </li>   <li>• The CSEP-CEP Candidates must show that they have graduated* from an appropriate Undergraduate program with successful completion of at least 120 credits at the post-secondary level.</li> <li>• The CSEP-CEP Candidate must show that their course work meets all of the Core Competencies outlined for the CSEP-CEP. In some cases the CSEP-CEP Candidate may be required to provide course outlines to support their application.</li> <li>• Proof (for example, letter from Education Supervisor, or from Supervisor of work/volunteer experience, or logbook copy) of <b>at least 100 hours of practical experience is REQUIRED.</b> <ul style="list-style-type: none"> <li>○ CSEP-CEP Candidates must provide documentation confirming that the candidate has completed a co-op,</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ Core Areas of Study Applicant must have university credit in each of the following four Core Areas of Study:               <ol style="list-style-type: none"> <li>a. Human Anatomy: gross human anatomy of the neuromuscular system</li> <li>b. Human Physiology: physiology and patho-physiology of the muscular, cardiovascular, respiratory, renal, endocrine, gastrointestinal and neural systems</li> <li>3. Biomechanics: anthropometric, neural and Newtonian mechanical considerations in the qualitative and quantitative analysis of human movement</li> <li>4. Psychomotor Behaviour / Motor Control &amp; Learning: information processing in human motor performance and the principles of learning and performing motor skills</li> </ol> </li>   <li>○ Eligible degrees include: Four year university bachelor's degree from a kinesiology, human kinetics, kinanthropology, exercise physiology program or equivalent. Each university course must equal 3.0 credits (i.e. 36-40 semester hours in length). Academic requirements fall into 2 categories: Core Areas of Study and Elective Areas of Study (see below).               <ul style="list-style-type: none"> <li>· Applicant will receive credit for no more than two (2) courses in any one Elective Areas of Study. Applicant may receive two (2) courses in a maximum of 5 Elective Areas of Study.</li> <li>· Credit is not granted for laboratory, tutorial or practicum courses.</li> <li>· Full year courses lasting 72-80 hours</li> </ul> </li> </ul>

<p>work and/or volunteer experience in health-related fitness (healthy and chronic condition populations), and/or performance-related (work and/or sport) fitness. In curriculum lab and peer-testing experience does not count for this requirement; however, experiential learning that includes working with individuals from the community that fall within the chronic condition, athlete or work populations, would qualify.</p> <ul style="list-style-type: none"> <li>• Once a candidate’s application is approved they are required to: <ul style="list-style-type: none"> <li>○ Successfully challenge the CSEP-CEP Theory and Practical Exams</li> <li>○ Register with CSEP</li> <li>○ Complete a course in emergency first-aid and hold a current/valid CPR level C.</li> </ul> </li> </ul>	<p>(6.0 credits) may be considered as two courses.</p> <ul style="list-style-type: none"> <li>• Services provided by Kins <ul style="list-style-type: none"> <li>○ Clinical/ Rehab</li> <li>○ Health promotion</li> <li>○ Ergonomics</li> <li>○ Health and safety</li> <li>○ Disability management</li> </ul> </li> <li>• Job letter may be provided</li> <li>• Members are registered with their respective PKA (Provincial Kinesiology Association) and CKA. In addition, for Kinesiologists practicing in Ontario, they also must be registered with the Ontario College of Kinesiologists</li> </ul>
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